

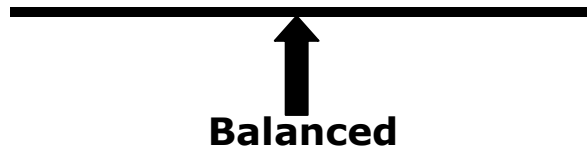
Breadwinning Equality Scale



How equal are you and your partner in time spent earning the family's money? Talk with your partner about the time per week (or month or year) you each spend on each activity or the applicability of an issue to each of you. Add more items as you think of them; ignore those that don't apply. In the Who column, put an "=" sign by those items that you feel are equally shared, or the **initials** of the person who does more of the activity by those items that aren't equal. It's okay if one of you does 100% of a given task! Then, put an **X** on the scale to show your current *overall* breadwinning balance. Use the Who column to talk about how you might move toward a more equal picture.

Parent A

Parent B



Who	Activity/Issue	Who	Activity/Issue
	Regular hours at paid work		Overtime (paid and unpaid)
	Family would relocate for your job		Late nights at the office/job site
	Weekend/off-hour trips to work		Overnight travel for work
	Work commute time		Social obligations for work
	'On call' duty taken from home		Work done at home off-hours
	Classes/training for work off-hours		Work-related conferences off-hours